



Ridgewood Parks and Recreation
presents

Kangoo Kids Bootcamp

Classes Led by
certified
Kangoo Fitness
Instructors,
Vic Cabezas
and Jax Leone



For ages
7 to 10!

Wednesdays, March 13 - May 1
(No class on 3/27, 4/10 or 4/17)

OR

Fridays, March 15 - April 26
(No class on 3/29 or 4/19)

3:30pm to 4:30pm

\$180/5 classes (\$195 non-residents)

Anne Zusy Youth Lounge, located in Village Hall
131 N. Maple Avenue

GET MOVING AND GROOVING WITH OUR FUN, REBOUND
CLASS FOR BEGINNERS! MAKE FRIENDS,
BUILD STRONG MUSCLES AND BONES, AND
HAVE ONE BIG JUMPING, HEART PUMPING, FAM JAM!!!!

Register at <https://register.capturepoint.com/ridgewood>
or in-person at the Stable, 259 N. Maple Avenue.

Rebound boots are provided with registration fee. Please
provide shoe size and weight for the best jumping experience y
contacting the Community Center at 201-670-5500 ext 2301